# Forgotten Fruit

# How craft cider is reviving traditional orchards in UK farming

### Introduction

- Traditional orchards have declined by 81% since the 1900s\*.
- Great value for biodiversity (both the fruit, but also as wildlife refuges), local community, and climate change resilience.
- An introduction to, and discussion of what cider producers are doing and the methods that are maximising the positive impact of orchards, while appreciating a natural, indigenous alcoholic drink!















Photo: Billie Charity

# Cider: a potted history

- It is thought that cider and perry have been made possibly since Roman times, but certainly French monks settling in Dorset in 1100s were known to make apple based beverages.
- By 1600 interest in cider production was growing, especially in Herefordshire with Lord Scudamore doing many experiments.
- By ~1630s glass making was undergoing a lot of innovation as Royal Decree had prohibited the use of wood (charcoal) in glass making (preferring to build ships!)
- 1660 the Royal Society grew from Gresham College – some of the first manuscripts submitted for publication concerned the production of cider
  - Sylva, by John Evelyn FRS contained an appendix 'Pomona – an appendix concerning fruit trees in relation to cider – the making and several ways of ordering it.' 1664



S London

# Modern British cider

- Vast majority of UK's cider now made in large factories using apple juice concentrate, and a wide variety of permitted additives (the joys of the 1970s)
- Resurgence in last few years in interest in cider
  - Many new cideries have opened their doors in the last five years (data below to 2018)



# **The Artistraw Story**

- Started making cider (strictly personal consumption) in 2003 from unwanted apples in Herefordshire
  - Caught the bug!
- Migrated away from city life in 2017 to set up Artistraw as a commercial natural cidery.
- "Artistraw" is a Hereford dialect word for shrew
  - hence the shrew themed brand.



# **Finding fruit**

Herefordshire is blessed with some ancient surviving traditional orchards

- Generally used as grazing
- Last major planting was in the post war period by Bulmers, until the arrival of progress in the form of intensive bush orchards.
- Often neglected, in most standard orchards left today the fruit is left for the birds.
- The hardest part of reviving the orchards is negotiating access and keeping stock off them during harvest.

# Finding fruit Clifford 1886



Ordnance Survey Herefordshire Sheet XXXI.NW Surveyed: 1886, Published: 1887

# Finding fruit Clifford 2023



DEFRA magic map – still wrong even though I told them actual extent of the orchard...



# Harvesting fruit

- Traditionally this was done as a community wide effort
  - Women and children to the fore!
    - Fruit would be gathered into heaps in the orchard ('tumping')
      - Sometimes fruit was taken by wagon to a factory, sometimes a mobile press would process the fruit in the orchard.
    - The really hard work is the crushing or milling of the apples



Photos: Finn Begles



# Slow ambient fermentations

- Low nutrient fruit juice from older trees perfect
   for natural cidermaking
- Slow, controllable fermentations over 3-8 months give a depth of flavour not found in commercial 'brewed' ciders.
- . No additional energy input required
- Cider maturation process is space and time intensive 
   high working capital requirement



# Our own orchard

- We have grafted over 100 apple trees to populate our own new orchard.
  - 2 acres, first trees planted in March 2019.
  - High diversity of trees in orchard, so far over 40 varieties represented in ~85 trees planted
- . Standard full sized trees on 27' isometric (triangular) spacings
  - Mulched annually with wood-chippings and cardboard (if necessary)
- Sward control currently:
  - Annual hay cut
  - Grazing twice a year (autumn + spring)
  - Wildflower meadow
    - Many species such as bird's foot trefoil, common spotted orchid, lesser knapweed, Autumn hawkbit, ribwort plantain, chick weed, yellow rattle, ox-eye daisy, mallow, ...
- "Organic-in-all-but-certification" management. No agrichemicals on the holding.
- Pest management through integrated ecosystem. Windbreak tall hedge to SW of orchard is essential habitat.
- When mature orchard can be expected on a good year to provide the majority of fruit needed for production (at current volumes)







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# Links

- People's Trust for Endangered Species https://ptes.org/campaigns/traditional-orchard-project/
- Three Counties Cider and Perry Association https://tccpa.co.uk/
- National Association of Cidermakers https://cideruk.com/
- The Orchard Project www.theorchardproject.org.uk/
- Common Ground www.commonground.org.uk/
- Cider Women www.facebook.com/CiderWomen
- Orchard Network www.orchardnetwork.org.uk/