

Lucy Beattie

Project Manager Gaining Ground

The Scottish Crofting Federation

# Gaining Ground

## Highland and Moray Social Crofting Network

*Galvanising a network to support social crofting and green care models within Moray and Highland*

# Gaining Ground

Highland and Moray Social Crofting Network

- Project runs until May 2020
- Moray and Highland
- Learning journeys, information sharing and network formation



Lucy Beattie



Tina Hartley



Ailsa Strange



The Maker Farm



Ninevah Ridge



Gortliea Social Farm



The Fold



# Animal assisted therapy



***Mycobacterium vaccae***



Found naturally in soil stimulates serotonin production

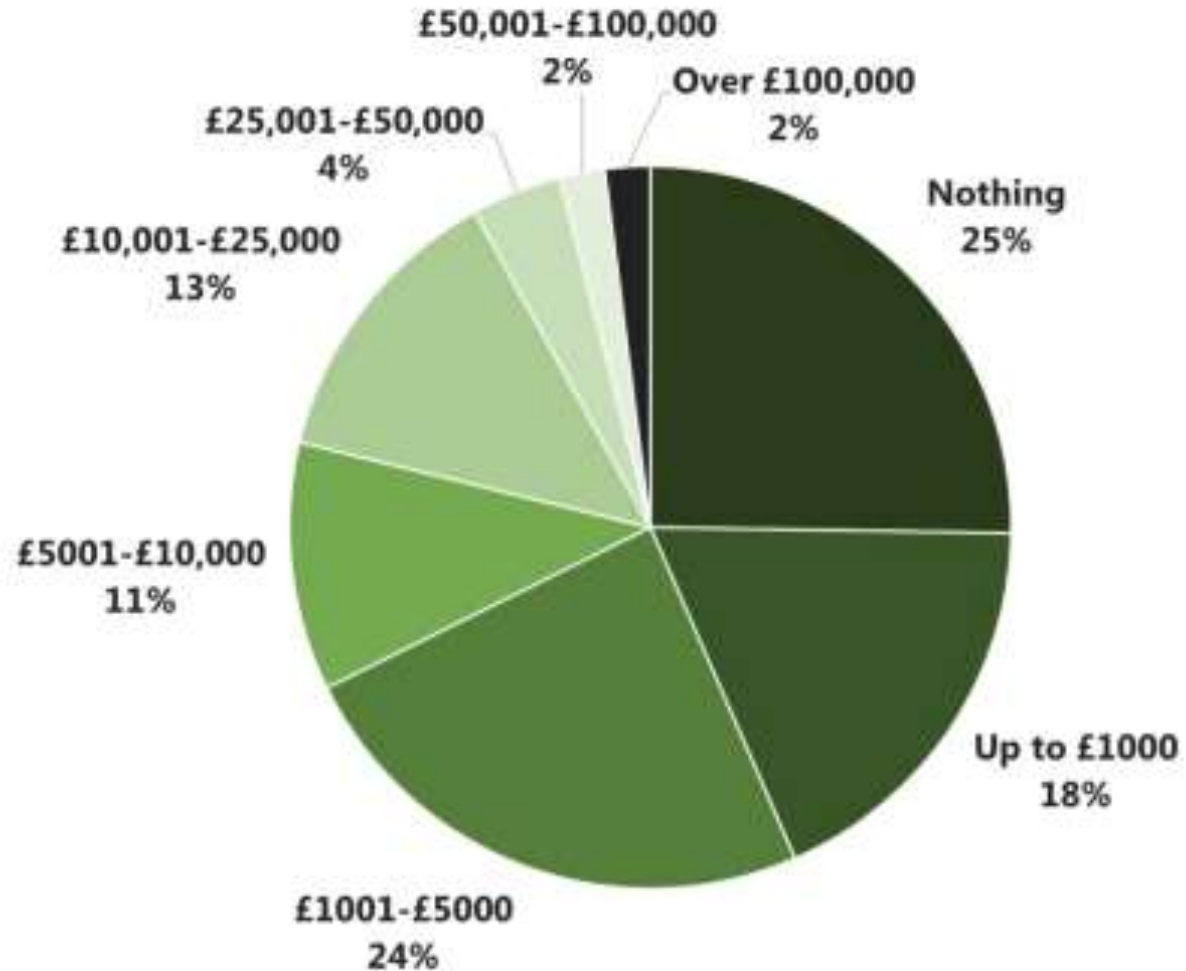
# How can green care provided through the medium of crofting improve the delivery of rural health and social care services?



*“There is a lack of published evidence about the specific impacts of rural and remote contexts and recommendations about overcoming the challenges posed, which indicates a need for further research and/or evidence generation from practice as well as evaluation of the outcomes of different models of SDS, including brokerage models, in different geographical and economic contexts.”*

Smith, L., 2018. SDS brokerage in rural Scotland

**Figure 4.1 Q** *Approximately what was your revenue before deducting costs from crofting-based activities in the last 12 months (excluding agricultural support funds)?*  
(Base: 546)





# 3.77

social return on investment afforded by offering care farming opportunities.

Leck, C., 2013. *The impact of care farming in the UK* (Doctoral dissertation, University of Worcester).



**Monday 24th February 2020 at Jelf Clark Thomson,  
Inverness. All welcome! 11.30 – 2pm**

- Insurance and risk assessments with Jelf
- Safeguarding workshop with Darach Croft

Gathering crofters and smallholders from Moray and Highland to galvanise a network, research 5 case studies, undertake learning journeys, and develop factsheets to support their diversification journey.

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